

Professor Anita Thapar FRCPsych, PhD, CBE, FMedSci

Anita is a clinical academic child and adolescent psychiatrist. She heads the academic Child & Adolescent Psychiatry section at the Division of Psychological Medicine and Clinical Neurosciences, Cardiff University and also directs the developmental disorders group within the Centre for Neuropsychiatric Genetics and Genomics.

Her research focuses on 1) the origins, development and complications of child and adolescent neurodevelopmental disorders focusing mainly on ADHD and 2) adolescent depression. Currently funded research investigations include the recently funded £10million Wolfson Centre for Youth Mental Health in Wales for clinical translational research.

Anita trained in Medicine, Psychiatry and Child and Adolescent Psychiatry. She became the first Professor in Child and Adolescent Psychiatry in Wales in 1999 and developed research, teaching and a specialist clinical service. She is still an active clinician.

In 2015, she served as lead editor (together with Dr. Daniel S. Pine, NIMH) of the authoritative international textbook Rutter's Textbook of Child and Adolescent Psychiatry and is currently completing the forthcoming 7th edition. Anita was awarded a CBE (Queen's honor) for services to Child and Adolescent Psychiatry in 2017, the President's Medal from the Royal College of Psychiatrists in 2015 for contributions to policy, public knowledge, education and meeting population and patient care needs and the Ruane Prize 2015 from the Brain and Behavior Research Foundation, USA for outstanding Child & Adolescent Psychiatric research. She has served on Welsh Government Child and Adolescent Mental Health Policy groups and is also on the Ministerial Advisory Group for neurodiversity. She a board member of Trustees for the UK Charity ADHD Foundation.

Anita has no financial disclosures-her salary comes from Cardiff University.

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