

## **CV Hubertus Himmerich**

Hubertus Himmerich is a Reader in Eating Disorders at King's College London and a consultant psychiatrist in an inpatient unit for people with eating disorders at the Bethlem Royal Hospital in London, UK.

After medical school and the completion of a research MD project at the University of Mainz, Germany, he received further scientific and clinical training at the Max Planck Institute of Psychiatry in Munich and at the University of Marburg. From 2007 to 2009, he worked as a consultant psychiatrist at the RWTH Aachen University Hospital on a psychotherapy ward for people with eating and personality disorders. From 2009 to 2015, he was a Professor of Neurobiology of Affective Disorders at the University of Leipzig.

His research at the Centre for Research in Eating and Weight Disorders (CREW) at King's College London focuses on the biological basis of eating disorders and the development of novel biological and creative therapies for people with eating disorders and obesity. From 2020 to 2023, he led the World Federation of Societies of Biological Psychiatry (WFSBP) Task Force Eating Disorders to update the international guidelines for the pharmacological treatment of eating disorders.

Reference: Himmerich, H. et al. (2023) World Federation of Societies of Biological Psychiatry (WFSBP) guidelines update 2023 on the pharmacological treatment of eating disorders. *World J. Biol. Psychiatry*. DOI: 10.1080/15622975.2023.2179663.